

Foods To Avoid During Treatment

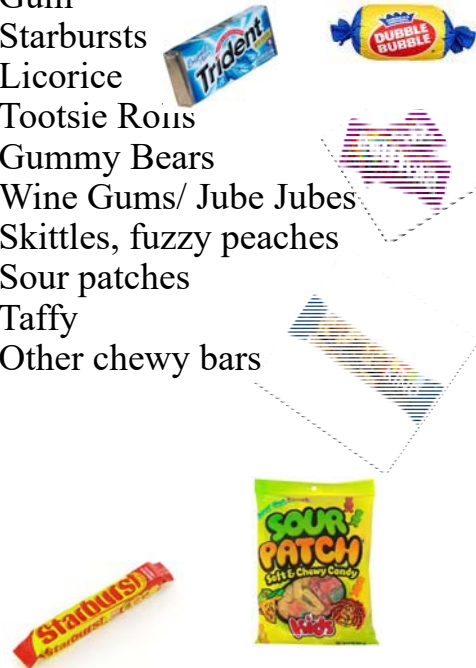
HARD FOODS TO AVOID INCLUDE:

- Hard Candy
- Corn Chips/ Ring-a-los/ Miss Vicky's Chips
- Jerky/Pepperettes
- Ice
- Nuts (almonds)
- Pizza Crust (hard)
- Corn On the Cob
- Pop Corn
- Jolly Ranchers
- Chocolate bars containing nuts or toffee (e.g. Skor/Snickers/Crunchie)



SOFT FOODS TO AVOID INCLUDE:

- Bubble Gum
- Gum
- Starbursts
- Licorice
- Tootsie Rolls
- Gummy Bears
- Wine Gums/ Jube Jubes
- Skittles, fuzzy peaches
- Sour patches
- Taffy
- Other chewy bars



Avoid drinks that are high in sugar and acid e.g. Pop & Diet Pop



Do not suck on lemons, limes or ice.



**Use common sense when choosing food to put in your mouth and avoid chewing on hard objects such as pen & pencils.*

